Life Story interview question template

Use this list as a starting point, but tailor it to suit your family and situation.

1. Where were you born and when?
2. What were the names of your parents? Where were they born and how did they meet?
3. What did your parents do for a living?
4. What was the economic status of your family? Were you comfortable growing up?
5. What are your earliest memories as a child?
6. How many brothers and sisters did you have? Tell me their names.
7. Who were you closest to?
8. Was there anyone in particular you really looked up? If so, why?
9. Who was the most influential person in your life?
10. What was / is your profession? How did you get to this?
11. What was the happiest time of your life?
12. Tell about a time when you didn't know if you would make it.
13. Who is the love of your life and how did you meet?
14. What is your passion (or a favorite hobby?)
15. What is your favorite memory of your children?
16. What do you value most and why?
17. Looking back in life, what are you most proud of?
18. What advice do you have for your grandchildren and great grandchildren?